

MAIN MEALS

Served all day

Steak & Ale Pie £10.50

Steak from Weatherheads of Grassington slow cooked with ale & vegetables and served in a home-made shortcrust pastry pie, with chips and garden OR mushy peas.

Yorkshire Ham, Egg & Chips £8.95

Cold sliced yorkshire ham, with free range fried egg & home-made chips.

Gammon Steak, Egg, Chips & Fresh Pineapple £10.95

Tart of The Day £8.75 ●

Home-made tart of the day (see blackboard for flavours) with salad & chips OR a salad selection

Swap chips for sweet potato fries for an extra 40p

Butternut Squash, Aubergine & Lentil Bake £8.75 ●

Home-made bake cooked in a tomato sauce and finished with a cheese & almond topping. Served with a side salad.

♥ SANDWICHES ♥

with locally baked white or granary bread, side salad & pringles

- Yorkshire Ham £6.50

with optional pickle or mustard

- Brie, Pesto & Salad £6.50 ●

- Tuna Mayonnaise £6.50

- Houmous & Red Pepper Salad £6.50 ●

- Smoked Salmon & Cream Cheese £6.75

- Egg Mayonnaise £6.25 ●

- Goats Cheese, Caramelised Onion & Salad £6.50 ●

Add a bowl of soup to any sandwich for £2.25

BAKED POTATOES

Served with side salad

- Cheddar & Bacon

- Houmous & Caramelised Onions ●

- Beans & Cheese ●

£7.25

☆ SIDES ☆

Home-made chips £2.95

Sweet Potato Fries £2.25

Salad Selection Side Plate £3.95

Home-made Coleslaw £2

Slice of Bread & Butter £1



PLATTERS & SALADS

Served all day

Old School Platter £8.95 ●

Wedges of Cheddar, Stilton & Brie with crackers, home made coleslaw, salad, chutney and your choice of a slice of today's tart OR Yorkshire ham.

Houmous Platter £7.95 ●

Houmous, vegetables crudites, falafels, warm wholemeal pitta bread and salad.

Smoked Salmon & Avocado Salad £8.95

With a mixed salad of peppers, cucumber, tomato, olives & baby leaves. Finished with balsamic dressing.

Yorkshire Ham Salad & Chips £9.25

Cold sliced Yorkshire ham, with a mixed salad & home-made chips.

Swap chips for sweet potato fries for an extra 40p

Griddled Halloumi & Avocado Salad £8.95 ●

With a mixed salad of peppers, cucumber, tomato, olives & baby leaves. Finished with balsamic dressing.

Super 15 Salad £8.75 ●

Health kick salad full of flavour & drizzled with soy sauce. 15 Super ingredients packed with nutrients, vitamins, fiber, protein, iron, folate & antioxidants. Great for all round health, and in particular heart health and blood pressure.

Avocado, black beans, chick peas, beetroot, radish, cucumber, tomato, carrot, peppers, olives, pumpkin seeds, sesame seeds, sunflower seeds, linseeds, red onion & mixed baby leaves.

For an extra protein punch add a hard boiled egg for £1

★ TOASTIES & PANINIS ★

served with side salad

Toasties £6.75 Paninis £6.95

- Ham & Cheddar

with optional pickle or mustard

- Tuna Cheese Melt

with chopped red onion & red pepper

- Falafel, Brie, Caramelised Onion & Tomato ●

- Cheddar, Tomato, Pesto & Olives ●

- Bacon, Brie & Cranberry

Add a bowl of soup to any toastie or panini for £2.25